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Strong Desire Worksheet

Describe How Your Miracle Will Feel

OBJECTIVE

Get a clear mental picture of your desired miracle in full detail.
Describe exactly what you want to experience when you have received your miracle.

FEEL IT

Explain in detail what your miracle will **FEEL** like when you have it. Feel the emotions in your heart. Feel the elation and energy or relief until your heart starts to smile. Then put it into words so that you can feel those same feelings every time you re-read this.

Write down every single detail about how your miracle will feel like. Write until there is not anything else that you can think of.

What will it FEEL like?

WHAT WILL IT NOT FEEL LIKE?

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Describe What Your Miracle Will Look Like

OBJECTIVE

SEE a mental picture of your desired miracle in full detail.
Describe exactly what you want and what you don't want when you have received your miracle.

SEE IT

Explain in detail what your miracle will look like when you have it. See the smiles and expressions on your face and others faces.
See the colors, shapes and sizes if applicable.
Write until there is nothing left to think about it.

Write in detail what your miracle will look like until there is not anything else that you can think of.

Describe what will it LOOK like?

WHAT WILL IT NOT LOOK LIKE?

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Describe What Your Miracle Will Sound Like

OBJECTIVE

There are sounds that are associated to your miracle. We need to tap into as many scenes as possible. Because the clearer we can be about our desire the faster it can come.

Close your eyes and mentally hear all the sounds of your miracle when it gets here. Then explain in detail what your miracle will sound like when you have it. Hear the laughter and expressions of joy.
The words that others will say. Describe exactly what you want to experience when you have received your miracle.

Write down every single sound that you will hear once you receive your miracle. Don't miss a single noise.

What will it sound like?

WHAT WILL IT NOT SOUND LIKE?

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Describe What Your Miracle Will Taste & Smell Like

OBJECTIVE

Tap into taste & smell to get even a clearer mental picture of your desired miracle. I think you are now getting the idea.

TASTE & SMELL IT

This one might be a little more difficult but defiantly worth the effort. Describe the taste and smell your miracle if it can be applied.
Smelling and tasting are very strong scenes and we will use them in a powerful way to connect to your miracle.
Don't skip these last steps and do your best here. This is the most difficult action step and it gets easier from here.

Write down every single detail about how your miracle will taste and or smell until there isn't anything else that you can think of.

What will it TASTE & SMELL like?

WHAT WILL IT NOT TASTE OR SMELL LIKE?